

# Coastal Recovery Counseling



- ▶ *Your family has always made a living on the water.*

*That's your tradition.*

- ▶ *With an uncertain future, anger, stress and fear can be overwhelming.*
- ▶ *Don't wait too long to talk about it.*
- ▶ *Counselors are available 24 hours a day to talk.*

**LOUISIANA**  
*Spirit*  
COASTAL RECOVERY  
COUNSELING PROGRAM

**Call the Louisiana Spirit Talkline at 1-866-310-7977**



**DEPARTMENT OF HEALTH  
AND HOSPITALS**  
*Behavioral Health*