

PRESS RELEASE

For immediate release

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“LAFOURCHE ON THE MOVE” FOLLOW UP EVENT RESCHEDULED

The “Lafourche on the Move” follow up event scheduled for Wednesday, April 27, 2005 at 5 pm at the Chackbay Senior Citizens Center has been rescheduled for **Wednesday, May 4, 2005 at 5 pm**. This follow up event for “Lafourche on the Move” will include health screenings and exercise tips. All residents are invited to become participants in the program. Registration with “Lafourche on the Move” is free and open to all citizens, ages 6 to 96 (and older) who would like to become more physically active. All participants will receive a t-shirt along with booklets with physical activity tips, log sheets and additional program information. The program includes follow-up events every 4 to 6 weeks at different recreational and senior centers throughout the parish, along with incentive awards for participants who log their physical activity. To register, attend the follow up event on Wednesday, May 4, 2005 at 5 pm at the Chackbay Senior Citizens Center or contact Jennifer Dufrene at the Recreation Department office at 537-7603.